## Family Separation Workshops

To coincide with the official launch of the Jersey Centre for Separated Families, we're delighted to be running two workshops for divorced or separated parents.

> Workshop contents include... **making the transitions:** looking at the impact on you and helping you to work through the difficult issues that come with family separation... **supporting your children:** understanding your children's reactions and how best to support them in adjusting and adapting to the changes... **making arrangements:** helping you to put in place private agreements for parenting time and financial provision for children... **building co-operation:** new tools to help you work together and build a new co-operative parenting relationship...

The workshops will be run by Karen and Nick Woodall, co-authors of *The Guide for Separated Parents: putting your children first (Piatkus 2009)* and family separation experts with over 35 years experience between them. Karen is a family therapist and Nick is a therapeutic family mediator.

the Jersey Centre for Separated Families

Saturday 1st March 2014 St Paul's Centre, Dumaresq Street, St Helier, JE2 3WP Cost: £20.00 For further information and booking, please contact info@jerseyseparatedfamilies.org.je or call 07797 798 192

'This workshop gave me some fantastic information and also the confidence to try different approaches.' Sarah, London

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